



S.No.

"UPSC Prep. Diagnosis"

Diagnose yourself before UPSC declares you Incompetent !

Below is a Self-Awareness Sheet to help you assess your UPSC Preparation.

Please do a BRUTALLY HONEST assessment of yourself vis-a-vis UPSC Exam.

Don't FOOL Yourself, as you might be doing all this Long!

ALERT !

Beware of various
Mentorship &
Test Series Scams
in the UPSC field.

UPSC Fitness Check

A. Who Am I (from Outside)!

1. Name (BLOCK LETTERS):

2. Father/Guardian's Name:

3. Date of Birth:/...../.....

4. Qualification:

5. Courses:

6. Medium:

7. Correspondence Address:

Email Id Mobile No.

8. Optional Subject:

9. Sex Male ☐ Female ☐

10. Category GEN ☐ OBC ☐ SC ☐ ST ☐ Others ☐

11. UPSC Roll No. (If any):

12. No. of Attempts = Cleared Prelims ☐ Mains Overall Marks Interview Score

13. How old are you in UPSC? Fresher ☐ Intermediate ☐ Veteran / BaBa ☐



HIMANSHU SIR

From Director's Desk...

Prelims - 2023

Dear CSE Aspirants [Not TVF Aspirants]

COUNT DOWN = 260 days

We live in a Hyper-stimulated world, burdened with plethora of PDF's, YT video's, leaked Telegram video's, etc. In such a scenario, a student finds himself/herself at CROSSROAD! This requires a change in the way we see our Preparation Horizon & thus calls for a renewed strategy.

You all are requested to give a Truthful check to your strengths & weaknesses. Be Mindful!!!!



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B. Who Am I (from Inside) !

1. I am a: Morning Persons ☐ or Night Owl ☐

2. How my Typical day looks like?

04:00 am

05:00 am

06:00 am

07:00 am

08:00 am

09:00 am

10:00 am

11:00 am

12:00 pm

01:00 pm

02:00 pm

03:00 pm

04:00 pm

05:00 pm

06:00 pm

07:00 pm

08:00 pm

09:00 pm

10:00 pm

11:00 pm

12:00 am

01:00 am

02:00 am

03:00 am

04:00 am

05:00 am

3. No. of Hours, I devote daily (on an average):

4. Do you have a
scientific/doable Time Table.

5. Are you following
it religiously, if not why?

(Yes or No)

7. Time devoted to: G.S. ☐ & Optionals. ☐

8. No. of Hours devoted to Revision everyday?

9. Any Revision Plan: (Yes or No)

10. Do you write Answers on Daily Basis, if not

Why:

Because Dreams
without GOALS
are often
just DREAMS
& they will
ultimately give
you FRUSTATION

Make yearly GOALS,
Monthly GOALS,
Weekly GOALS,
Daily GOALS,
Hourly GOALS

or even Goals to stop
[Negative Thinking]

6. Do I have an Yearly Plan.
(Yes or No)

11. Habits UPSC

Strength	Weakness
•	•
•	•
•	•
•	•



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12. Is the UPSC syllabus on your Tips? Yes ☐ No ☐

13. Which is the most Difficult Nut to Crack: Prelims Mains Interview

14. What are your Sources for Preparation:

Paper - I

Paper - II

Paper - III

Paper - IV

15. What is your experience with respect to UPSC Coaching Market?

a) Did any Coaching, if Yes Name: your Experience:

b) Test Series: if Yes your Experience:

c) Mentorship: if Yes your Experience:

16. What is you level of Procastination on a Scale of 10? 1 2 3 4 5 6 7 8 9 10

(Rating)

- Waking up:
- Revision:
- Making Short Notes:
- Daily Answer Writing:
- Memorization:
- Solving CSAT Questions:
- Reading Newspapers:
- Up to date with Current Affairs:
- Solving PYQ's



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The last Q. (clicked one), But perhaps the most important: Why UPSC?

Where we can Help?

With Competition just getting harder & trickier. It's time to Re-strategize & Re-orient your Preparation. However, it is time to not lose your Nerves, to hold your ground with conviction and courage. And not to succumb to the Negativity and Helplessness prevailing, around in such a Mis & Dis-Information Age.

Come to GUIDANCE IAS Institute with this detailed Introspection of your Personality with respect to the UPSC Exam. We will explore Pathways to make this effort of yours to clear UPSC a Winning

Venue: 3-B, 3rd floor, Croma Building,
Pusa Road, Opp. Pillar No. 108,
Karol Bagh Metro Station New Delhi - 05

Time: Saturday & Sunday
from 10:00am to 6:00pm

Face to Face
Analysis of your Preparation
Pathway with HIMANSHU SIR
& Team

Especially important for
freshers & people who have
Gaps in their Preparations

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